

Spring 2 Learning experiences at home

Read

With your grownup look for the letter 'S' in the environment. This could be at home, or out and about.

[The s sound | phonics | s words - BBC Bitesize](#)

Explore

Make a journey stick.

Journey sticks have been around for many years – they were used by Native Americans and Aboriginal people to share stories from their travels. Go for a walk and create your own journey, then bring your stick into nursery for your child to share their story

[Journey stick activity for kids - Nature Detectives \(treetoolsforschools.org.uk\)](#)

Maths

Make a repeating pattern outside
You could use natural objects.



Fine motor skills

Make a healthy rainbow fruit or vegetable kebab
Practice chopping up your fruit or vegetables using a knife safely.



Mark Making

Write a thank you card to someone who has helped you. Ask an adult to show you how to write 'Thank you' and practice writing your name using your name card.



Health/Wellbeing

Share this mindful exercise with your child.

[Alpha breaths | ABCs of Mindful Breathing \(youtube.com\)](#)